



Griff's Food Locker

SERVING THE HILL

What is Griff's Food Locker

Griff's Food Locker is a "shelf stable" food pantry to assist Seton Hill students who are experiencing Food Insecurity. The Locker will have food items ranging from peanut butter and soup to granola bars and canned fruits and vegetable. ANY Seton Hill student with a valid ID card can use Griff's Food Locker. It is a campus resource just like other offices and departments.

member of CUFBA: College and University Food Bank Association

How to use Griff's Food Locker

Griff's Food Locker is located in Maura 105

Spring 2018 hours of operation:

Walk-In dates are: January 24, Feb. 7, Feb. 21, Mar 7 (by appointment), Mar 21, Apr. 4, Apr. 18 and May 2
1:00 pm-5:00 pm

Appointments are welcome and encouraged!

Food Insecurity

- USDA defines Food Insecurity as a "lack of access by all people at all times to enough food for an active healthy lifestyle".
- College students can experience Food Insecurity.
- If someone is making a choice on whether to buy food or buy gas, or buy food or buy a textbook, that is a Food Insecurity moment.
- Having a meal plan or a paying job, does not exempt one from experiencing Food Insecurity.

National data from the 2016 Hunger on Campus survey

20% of four-year college respondents qualified as being "very low food secure"

56% of food insecure students reported having a paying job.

3 in 4 food insecure students received financial aid, 52% receiving a Pell grant.

43% of four-year college participants had a meal plan and still qualified as being food insecure.

Donating Food

Thank you for your interest in donating food to Griff's Food Locker. We appreciate your help!

We can accept food that meets the following criteria:

- unopened and within the expiration date
- shelf stable, meaning no refrigeration/freezer needed
- canned fruits or vegetables (we cannot store fresh produce)

Here is a list of needed food items:

Dried fruit

Nuts (almonds, peanuts, etc.)

Microwave items: soups, rice, mini meals, chilli, etc.

Canned chicken

Pasta sauce

Canned fruit

Oatmeal

Rice, microwave and regular

Graham Crackers

Saltine Crackers

Breakfast bars/granola bars

Pancake mix pouches

Mashed potato dry mix pouches

Ramen noodles

Jelly

Peanut butter

Fruit cups

Cereal, low sugar choices like Cheerios, Chex, Rice Krispies, etc.

Macaroni and cheese, microwave and regular